



FORSYTH COUNTY SCHOOLS

Elementary SPRING Menu


For individual school's menu go to: www.mealviewer.com



2024

Yellow highlights indicate GLUTEN-FREE option available. Speak with your cafeteria manager about receiving this option.

3								FRIDAY MARCH 1	
Lunch is served daily with a variety of fruits and vegetables and a variety of lowfat milk								•Asian Chicken Rice Bowl w/ Spring Roll	
ALL fruit and vegetables are gluten-free								•Pizza Cheese Stuffed Breadsticks w/ Fresh-made Marinara	
								(Turkey&Cheese GF bun available)	
•Smuckers PB&J Chz stick, Cheez It** meal available daily									
1 MONDAY MARCH 4		TUESDAY MARCH 5		WEDNESDAY MARCH 6		THURSDAY MARCH 7		FRIDAY MARCH 8	
•Spaghetti w/ Meatballs & Meatless Sauce		•Nachos w/ Cheese** & Meat		•Bosco Cheese-Stuffed Breadsticks w/ Fresh-made Marinara**		•Tyson Crispy Chicken Nuggets w/ WG Roll		•Stuffed-Crust Pizza (Cheese or Pepperoni)	
•Empanadas Chicken Enchiladas		•Mini Corn Dogs		•Brookwood BBQ (Gluten-Free Bun available)		•Macaroni & Cheese Bowl w/ WG Roll		•Chili Bowl w/ Toppings Toppings	
Sandwich Entrée •Buffalo Chicken Wrap (Ham & Cheese on GF bun available)		Sandwich Entrée •Turkey & Cheese Roll-up (Gluten-Free Bread available)		Sandwich Entrée •Yogurt/Muffin Munchable**		Sandwich Entrée •Ham & Cheese Sub (Gluten-Free Bread available)			
Salad Meal w/ Crackers or Flatbread (vegetarian salad available upon request)									
Chef Salad w/ Turkey		•Taco Salad /•Veggie Salad		•Chef Salad w/Ham		•Buffalo Chicken Salad			
•Smuckers PB&J Chz stick, Cheez It** meal available daily									
2 MONDAY MARCH 11		TUESDAY MARCH 12		WEDNESDAY MARCH 13		THURSDAY MARCH 14		FRIDAY MARCH 15	
•Gold Creek Chicken Sandwich (Grilled Chicken Breast Filet & Gluten-Free Bun available)		•Nachos w/ Cheese** & Meat		•Hot Dog on WG Bun (Gluten-Free Bun available)		•Cheeseburger or Hamburger (Gluten-Free Bun available)		STUDENT HOLIDAY	
•Brd Mozz Cheese Sticks w/ Fresh-made Marinara**		•Quesadilla Pizza **		•Lasagna Roll-up** w/ Garlic Breadstick		•Chicken & Waffles			
Sandwich Entrée •Turkey & Cheese WG Sub (Gluten-Free Bun available)		Sandwich Entrée •Buffalo Chicken Wrap		Sandwich Entrée •Buffalo Chicken Wrap		Sandwich Entrée •Ham & Cheese Wrap (Gluten-Free Bread available)			
Salad Meal w/ Crackers or Flatbread (vegetarian salad available upon request)									
Mediterranean Salad		•Taco Salad /•Veggie Salad		•Chef Salad w/Turkey		•Buffalo Chicken Salad			
•Smuckers PB&J Chz stick, Cheez It** meal available daily									
3 MONDAY MARCH 18		TUESDAY MARCH 19		WEDNESDAY MARCH 20		THURSDAY MARCH 21		FRIDAY MARCH 22	
•Tyson Popcorn Chicken served w/ WG Roll		•Nachos w/ Cheese** & Meat		•Cheesy Garlic Bread w/ Tomato Soup		•Breaded Chicken (Drumstick or Thigh) w/ WG Roll		•Asian Chicken Rice Bowl w/ Spring Roll	
•Buffalo Chicken Tenders served w/ WG Roll		•Calzone w/Cheese** or Pepperoni		•Mini Chicken Sliders		•Beef Sticks w/ Gravy Dipping Sauce & WG Roll		•Pizza Cheese Stuffed Breadsticks w/ Fresh-made Marinara	
Sandwich Entrée •Turkey & Cheese WG Sub (Gluten-Free Bun available)		Sandwich Entrée •Buffalo Chicken Wrap (Ham&Cheese, GF bun available)		Sandwich Entrée •Yogurt/Muffin Munchable** (Turkey&Cheese GF bun available)		Sandwich Entrée •Ham & Cheese Roll-Up (Gluten-Free Bun available)			
Salad Meal w/ Crackers or Flatbread (vegetarian salad available upon request)									
•California Chicken Salad		•Taco Salad /•Veggie Salad		•Chef Salad w/Ham		•Buffalo Chicken Salad			
•Smuckers PB&J Chz stick, Cheez It** meal available daily									

 MONDAY MARCH 25	TUESDAY MARCH 26	WEDNESDAY MARCH 27	THURSDAY MARCH 28	FRIDAY MARCH 29
<ul style="list-style-type: none"> •Spaghetti w/ Meatballs & Meatless Sauce •Empanadas Chicken Enchiladas <u>Sandwich Entrée</u> •Buffalo Chicken Wrap <div>(Ham & Cheese on GF bun available)</div>	<ul style="list-style-type: none"> •Nachos w/ Cheese** & Meat •Mini Corn Dogs <u>Sandwich Entrée</u> •Turkey & Cheese Wrap 	<ul style="list-style-type: none"> •Bosco Cheese-Stuffed Breadsticks w/Fresh-Made Marinara •Brookwood BBQ Sandwich <div>(Gluten-Free Bun available)</div> <u>Sandwich Entrée</u> •Yogurt/Muffin Munchable**	<ul style="list-style-type: none"> •Tyson Crispy Chicken Nuggets w/ WG Roll •Macaroni & Cheese Bowl w/ Toppings w/ WG Roll <u>Sandwich Entrée</u> •Ham & Cheese Sub <div>(Gluten-Free Bread available)</div>	<ul style="list-style-type: none"> •Stuffed-Crust Pizza (Cheese or Pepperoni) •Chili Bowl w/ Toppings
Salad Meal w/ Crackers or Flatbread (vegetarian salad available upon request)				
•Chef Salad w/Turkey	•Taco Salad /•Veggie Salad	•Chef Salad w/Ham	•Buffalo Chicken Salad	
•Smuckers PB&J Chz stick, Cheez It** meal available daily				
Vegetarian option** Vegetarian entree offered daily - check school for choices				
Availability of food, early release days and special school situations may require changes in menus without notice.				
This institution is an equal opportunity provider.				